

Provider Organisations for IAPT Services from 1st April 2018

You can refer yourself to one of the three local Talking Therapy services (also known as Improving Access to Psychological Therapies (IAPT) services) where you can be helped to manage depression, low mood, stress or panic. The services are provided in a number of venues across Derbyshire.

Provider Organisation and Details
Talking Mental Health Derbyshire Tel. 0300 123 0542 www.derbyshcft.nhs.uk/tmhd
Insight Healthcare Tel. 0300 555 5582 www.insighthealthcare.org
Trent PTS Tel. 01332 265 659 www.trentpts.co.uk